



# OASISCON-2024

Annual Conference of  
Orthopaedic Association of  
South Indian States

**KPM Tripenta, Malampuzha, Palakkad, Kerala**

**On Aug. 30, 31 & Sep. 1, 2024**



Organised by  
Palakkad Orthopaedic Club  
under the aegis of Kerala Orthopaedic Association

## Organising Committee

### Patrons

Dr.Sunny Pazhayattill  
Dr.Mani N J  
Dr.V.V George  
Dr.Cherian M Thomas

### Food & Entertainments

Dr.Velayudhan  
Dr.Sarfaras  
Dr. Siju

### Travel & Accomodation

Dr.Mijesh  
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Dr. Anshid

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Dr.Cherian Kovoov  
Dr. Prathap Kumar  
Dr.Sathyanarayanan  
Dr.Gopikrishnan  
Dr. Rohith  
Dr. Giri Prasad

### Registration and Reception

Dr.Ponnirajan  
Dr. Jayakrishnan K S  
Dr. Joseph John  
Dr.Sajith

### Venue

Dr.Ravi.G.Nair  
Dr.Easwar  
Dr.Nag Sajeev  
Dr.Sreeshob

### Finance Committee

Dr.Sudhir M  
Dr.Mubarack  
Dr.Sunil Sreedhar  
Dr. Mathew  
Dr.Dileep Kuncheria



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Dr. Nithyanand Rao N.  
(Karnataka)



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Dr. Roshan Kumar B.N  
(Karnataka)



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(Karnataka)



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## **PRESIDENT ELECT**

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Prof. Aneen N Kutty, (Kerala)

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Dr V Sunanda Kumar  
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Ismail



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Dr. Thimma Reddy



**SECRETARY  
GENERAL TOSA**

Dr. Srinivas kasha



**PRESIDENT  
ELECT - TOSA**

Dr. K Ram Kumar Reddy



Dear friends,

On behalf of the Palakkad Orthopaedic Club and Kerala Orthopaedic Association, it is our proud privilege to welcome you all to the OASISCON 2024 from 30th August 2024 at Hotel Tripenta, Malampuzha, Palakkad. We are planning CME as an Interactive one dedicated to "Tips, Tricks & Pitfalls" in Orthopaedic Trauma. The main theme of the conference also will be Trauma Management. We have made all efforts, to make the conference a grand success and we request your presence with family on this occasion to share the fun and facts of this mega event.

Thanking you

**Dr. Vasudevan P.N**  
Organising Chairman  
President Elect, OASIS

**Dr. Tajan P.J.**  
Organising Secretary

**Dr. Aneen N Kutty**  
KOA President

**Dr. Antony Joseph Thoppil**  
KOA Hon. Secretary

**Dr. Jiju A Nuuman**  
KOA Hon. Treasurer

**Dr. Velayudhan K**  
POC President

**Dr. Jayakrishnan K S**  
POC Secretary

**Dr. Gopikrishnan K**  
POC Treasurer



Numbers to remember

**Dr. Tajan P.J., 9447351881,**  
[drtajan@gmail.com](mailto:drtajan@gmail.com)

**Dr. Vasudevan, P.N. 9349814998,**  
[pnavasdev@gmail.com](mailto:pnavasdev@gmail.com)

**Dr. Cherian Koor, 8089106095,**  
[koor63@gmail.com](mailto:koor63@gmail.com)

**Dr. Gopikrishnan 9496353066**  
[kgkortho@gmail.com](mailto:kgkortho@gmail.com)

## REGISTRATION FORM

Name:.....Age.....

City:.....State.....

State Association Membership No.....

Please Tick      Member / Non Member / Spouse / PG

Mobile.....

E-mail (must):.....

Diet:                      Veg/Non Veg

DD in favor of "OASISCON 2024" payable at Palakkad,

Add Rs. 100 extra for outstation cheques

DD/atpar cheque no.....dated.....

Drawn on (Bank):.....amount.....

Also can pay by IFSC transfer to

**A/C No.924010010627725 AXIS Bank ,**

**Olavakode, Palakkad. 678002 , IFSC code UTIB0004871.**

Registration form with Fund transfer receipt can be send to

Dr.TAJAN P.J., Vrindavan Colony,

Robinson Road, Palakkad, Kerala-678001, Mob: 9447351881,

E-mail: oasiscon2024@gmail.com, drtajan@gmail.com

OR

For Registration fill up the google form

<http://surl.li/rozhu>



For Payment scan the QR Code

## REGISTRATION TARIFF (INCLUDING INCIDENTAL CHARGES)

category	Upto Aug 20	SPOT
OASIS member	9000	11500
Non member	11000	13500
PG	7500	8500
Spouse/Acc.person	6500	8500
Faculty	7000	

### Few Residential packages are available

KPM TRIPENTA- VENUE	Single	Twin Sharing	Non member add
Executive Room	31000	20000	2000
Deluxe Room	25000	17000	2000

KTDC-Garden House 800 meters from VENUE	Single	Twin Sharing	Non member add
A/C Executive Room	18000	14000	2000
A/C premium Room	20000	15000	2000

Residential packages are subject to availability  
 It includes CME and Conference registration, 3 night stay (Aug. 29,30 & 31)  
 3 Break fast (at venue) +3 Lunch+ 2 Dinners  
 Transportation to venue will be available

# OASISCON 2024 FINAL PROGRAMME

## 30/08/2024 - CME

8.00-9.00

**REGISTRATION AND BREAKFAST**  
**CME - TIPS, TRICKS & PITFALLS IN TRAUMA .**

09.00-10.30

**SESSION 1 UPPER LIMB TRAUMA -**  
**SHOULDER, ELBOW & WRIST**

1. 09.00-09.10 I have something to share with you.
  2. 09.10-09.20 I have something to share with you.
  3. 09.20-09.30 I have something to share with you.
  4. 09.30-09.40 I have something to share with you.
  5. 09.40-09.50 I have something to share with you.
  6. 09.50-10.00 I have something to share with you.
  7. 10.00-10.10 I have something to share with you.
- 10.10-10.30 COFFEE BREAK

**CHAIR**

**Dr. Rajeev Rao**  
**Prof Rajagopalan**

Prof Govardhan, Tamilnadu  
Dr.P J Jacob, Kerala  
Dr. Dheenadayalan, Tamilnadu  
Dr. Jiss Joseph, Kerala  
Dr. Binoy S., Tamilnadu  
Prof Binu Thomas, Tamilnadu  
Dr. Bablee James, Puducherry

10.30-12.00

**SESSION 2-LOWER LIMB TRAUMA**  
**HIP & KNEE**

1. 10.30-10.40 I have something to share with you.
  2. 10.40-10.50 I have something to share with you.
  3. 10.50-11.00 I have something to share with you.
  4. 11.00-11.10 I have something to share with you.
  5. 11.10-11.20 I have something to share with you.
  6. 11.20-11.30 I have something to share with you.
  7. 11.30-11.40 I have something to share with you.
- 11.40-12.00

**CHAIR**

**Dr .Deen Muhammed Ismail**  
**Dr .Deendayalan**

Dr. Ajith Kumar, Karnataka  
Dr. Dominic Puthoor, Kerala  
Prof. C. K. Chandrababu, Kerala  
Dr. Shailesh Pai, Karnataka  
Dr. Rajeev Rao, Kerala  
Dr. Rajagopalan Iyer, Puducherry  
Dr. Giri Prasad, Kerala

12.00-13.00

**Session 3-Strange & Crazy Orthopaedics!!!**

1. 12.00-12.15 1. Is AVN Predominantly a medical illness ?
  2. 12.15-12.30 2. Strange concepts in pain management !!!
  3. 12.30-12.45 3. Role of Ozone & Hydrogen in Orthopaedics.
  4. 12.45-13.00 4. MIROS - A new concept in Trauma.
- 13.00- 14.00 Lunch Break

**CHAIR**

**Dr .Vasudevan**  
**Dr .Koshy George T**

Dr. Aroop Mukherji  
Dr. Diwakar  
Dr. L. Prakash  
Dr. Susheel

14.00-15.30

**Session 4- SPINE & PELVIS TRAUMA**

- 1 14.00-14.10 Tips, tricks & pitfalls of intermediary screws in TL spine trauma
  - 2 14.10-14.20 Pitfalls in the surgical management of TL spine trauma
  - 3 14.20-14.30 Tips, tricks & pitfalls of pedicle screws
  - 4 14.30-14.40 Acetabular Fractures Tips & Tricks of the trade
  - 5 14.40-14.50 Posterior Column / Wall fracture reduction Tips & Tricks
  - 6 14.50-15.00 Reduction & fixation - tips & tricks of SI Joint Trauma
- 15.00-15.30 Q&A  
15.10-15.30 COFEE TEA BRAEK

**CHAIR**

**Dr .Raghav Dutt**  
**Dr .Scott John**

Dr. Ajoy Shetty, Tamilnadu  
Dr. Naresh Babu, Andhra Pradesh.  
Dr. Suresh Pillai, Kerala.  
Dr. Tony Kavalakkatt, Kerala.  
Dr. Nagarjuna, Telengana  
Dr. Saji .P.O. Thomas, Kerala.

15.30-17.00 **Session 5- PAEDIATRIC TRAUMA**

- |   |             |                                     |
|---|-------------|-------------------------------------|
| 1 | 15.30-15.40 | I have something to share with you. |
| 2 | 15.40-15.50 | I have something to share with you. |
| 3 | 15.50-16.00 | I have something to share with you. |
| 4 | 16.00-16.10 | I have something to share with you. |
| 5 | 16.10-16.20 | I have something to share with you. |
| 6 | 16.20-16.30 | I have something to share with you. |
|   | 16.30-1700  | Q&A                                 |

**CHAIR**

**Dr .Venkitadass  
Dr. Rudraprasad**

Dr Easwar TR, Palakkad.  
Dr Durga Prasad, Andhra Pradesh.  
Dr Samarth Manjunath  
Dr Vidya Sagar, Telengana.  
Dr Kailas Sarathy, Tamilnadu.  
Dr Varun Shetty.

**6.00 PM : INAUGURATION & DINNER**

**HONORARY SENIOR FELLOWS OF OASIS CON 2024**



**Dr V. V. George**  
Ernakulam, Kerala



**Dr Suresh Korlhalli**  
Karnataka



**Prof K. Annamalai**  
Tamilnadu



**Dr R. V. Krishnakumar**  
Pondicherry



**Dr Subramanya Rao**  
Andhrapradesh



**Dr Nagendra Babu**  
Telangana

# 31/08/24. Conference Day 1, Hall 1

**0800-08.50**

## **FREE PAPER SESSION 1. [6minutes +2]**

- 1 0800-08.08 Open reduction for hip dislocation in children with arthrogryposis multiplex congenital: outcomes of a systematic review
- 2 0808-08.16 A tailored approach to varying presentations of blount's disease using the principles of deformity correction- a case series
- 3 0816-08.24 Short term outcome of surgical management of DDH presented at walking age – case series.
- 4 0824-08.32 An unusual presentation of lower limb deformity in a young girl.
- 5 0832-0840 Popliteal pterygium syndrome - our experience with ilizarov technique
- 6 0840-0848 Functional outcome of Mear's Procedure for Sprengel's Shoulder

**CHAIR**

**Dr .Krishnagopal  
Dr .Sunandakumar Reddy**

Dr Malipeddi Ranjith

Dr. Ramesh. G,

Dr. Zeeshan Sajid,

Dr. Akshay kumar N S

Dr.B.Sajjad Ali

Dr. Arun Kumar

**0850-1000**

## **Conf Session 1. PAEDIATRIC [8 +2 minutes]**

- 1 0850-0900 Approach to physeal injuries around knee in children
- 2 0900-0910 Angular Deformities In Children
- 3 0910-0920 Cerebral Palsy: Care Approach For A General Orthopaedic Surgeon
- 4 0920-0930 Scoliosis In Children : Which One Progress?
- 5 0930-0940 Basics of clubfoot management for a general orthopaedic surgeon
- 6 0940-0950 SCFE : Is Insitu Pinning, Enough For Moderate SCFEs ?
- 7 0950-1000 Neonatal Septic Arthritis - Current concepts.

**CHAIR**

**Dr. Deepak S  
Dr .Antony Joseph Thoppil**

Dr. Rudra Prasad, Karnataka  
Dr. Vinod Krishnan, Kerala.

Dr. Easwar T. Ramani, Kerala.  
Dr. Ashok Ramakrishnan, Kerala.

Dr. Sreejith, Kerala.  
Dr. Venkatadas, Tamilnadu  
Dr. Denny Mathew, Kerala.

**1000-1100**

## **Conf Session 2. LIMB RECONSTRUCTION [8 +2 minutes]**

- 1 1000-1010 Post traumatic limb length discrepancy
- 2 1010-1020 Post traumatic long bone deformities
- 3 1020-1030 Do we need flap always ?!!!
- 4 1030-1040 Fixators in nonunions
- 5 1040-1050 Internal Fixation in nonunions
- 6 1050-1100 Managing bone defects

**CHAIR**

**Dr .C.J. Ravi  
Dr .Srinivas Kasha**

Dr. Jeejesh Kumar, Kerala  
Dr. Krishnakumar Mechoor, Kerala  
Dr. PN Vasudevan, Kerala  
Dr. PNVS Prasad, Telangana  
Dr. Dheenadayalan, Tamilnadu  
Dr. Arunlal, Kerala

**1100-1130**

## **Prof Sudhakar Shetty Memorial Oration [10 minutes formalities + 20 minutes Oration]**

**CHAIR**

**President of OASIS  
Secretary of OASIS**

**1130-1200**

## **Presidential Oration - Dr. N. Nithyanand Rao [10 minutes formalities + 20 minutes Oration]**

**CHAIR**

**President of OASIS  
Secretary of OASIS**

**1200-1300 Conf Session 3. UPPERLIMB ARTHROSCOPY  
[ 8 +2 minutes]**

- 1 1200-1210 Shoulder Dislocation. Bipolar concept
- 2 1210-1220 Bony Procedures in Shoulder Instability
- 3 1220-1230 Arthroscopic Cuff Repair. My Choice
- 4 1230-1240 Sports Injuries in Shoulder. How I manage
- 5 1240-1250 Elbow Arthroscopy, my way
- 6 1250-1300 Panel discussion.

**CHAIR**

**Dr. Bharath Raju  
Dr .Thimma Reddy**

Dr. Hemant Kumar Reddy  
Dr. Sameer Ali  
Dr. Deepthi Nandan Reddy  
Dr. P.S.Jayaprasad  
Dr. P.C.Jagadeesh  
Dr. Prahlad Kumar Singhi

**1300-1600 Conf Session 4. DEBATE  
(8+2 X 2 Speakers +4 Minutes rebuttal + 6 minutes Audience)**

- 1 1300-1330 Spine - Discogenic pain Operate or Not
- 2 1330-1400 Arthroscopy -Rotator cuff repair-a'scopic/  
miniopen
- 3 1400-1430 Trauma - Shattered Proximal tibia.  
Plating/Illizarov
- 4 1430-1500 Distal Radial Fractures - Open / Closed
- 5 1500-1530 Inter Trochanteric Fractures- Nail /DHS
- 6 1530-1600 Arthroplasty - Robotic ! Do we need it ?

**CHAIR**

**Dr .Naresh Shetty  
Dr .Sreenath.K.R**

Dr.Jim Vellara  
Dr. Ranjith  
  
Dr. Pratap Kumar  
Dr. Vinod Padmanabhan  
  
Dr. George Srambickal  
Dr. Krishnakumar Mechoor  
Dr. Sathya Narayan  
Dr. Sajan Mohanraj  
Dr. Aneen Nambikutty  
Dr. Vijay PG  
Dr. Sameer Ali  
Dr. Kailas Viswanath

**1600- GENERAL BODY FOLLOWED BY BANQUET**

# 31/08/24. Conference Day 1, Hall 2

## 0800-0900 FREE PAPER SESSION 2 - ( 6 + 2 minutes )

**CHAIR**

**Dr.Jiju Nuuman  
Dr .M. Pragash**

- 1 0800-08.08 Comparative analysis of efficacy of topical tranexamic acid in reducing perioperative blood loss in lumbar spine fusion surgery – a randomized control trial  
Dr. Vijaya Devagaran.V
- 2 0808-08.16 Effectiveness of transforaminal epidural corticosteroid injection (tfesi) vs oral corticosteroid in patients of acute low back pain with radicular symptoms: a short term prospective comparative study  
Dr. Shaikh Mohd Ahmed Mohd Jaish
- 3 0816-08.24 Relation between clinical neurogenic claudication outcome score (ncos) and radiological grading of lumbar spinal stenosis on magnetic resonance imaging of lumbosacral spine  
Dr. Prithviraj P
- 4 0824-08.32 Correlation between chronic low back pain and lumbar disc degeneration on mri: a cross-sectional study  
Dr. Samriddhi Sarkar
- 5 0832-08.40 Does medial pedicle angulation have a bearing on the lumbar pedicle morphometry - a ct scan analysis  
Dr. Nalli U Sanjeev Kumar
- 6 0840-08.48 Correlation of spinopelvic parameters with disability status in patients with degenerative lumbar diseases.  
Dr. Gautham Saravanan
- 7 0848-08.56 Compressive thoracic myelopathy due to ossification of ligamentum flavum : a case series  
Dr. Saad Sulaiman

## 0900-1100 Conf Session 5. SPINE TRAUMA (8 +2 minutes )

**CHAIR**

**Dr .Suresh .S .Pillai  
Dr .K. Ramkumar Reddy**

- 1 0900-0910 Tips and tricks and pitfalls in the surgical management of thoracolumbar spine trauma by MIS technique  
Dr. Ranjith Unnikrishnan
- 2 0910-0920 Long term outcome of surgical vs conservative treatment of spine trauma, pitfalls in case selection  
Dr. Rishi M Khanna
- 3 0920-0930 Tips tricks and pitfalls in the surgical management of isthmic spondylolisthesis  
Dr. Amruthlal
- 4 0930-0940 Tips tricks and pitfalls in the management of degenerative lumbar spondylolisthesis  
Dr. Appaji Krishnan
- 5 0940-0950 Tips tricks and pitfalls in the management of early onset scoliosis  
Dr. Raghav Dutt
- 6 0950-1000 Tips tricks and pitfalls in the surgical management of spinal tuberculosis  
Dr. Jagadish Menon

**1000-1100 Conf Sesssion 6. ARTHROPLASTY KNEE  
( 8 + 2 minutes )**

- 1 1000-1010 Relearning through Robot
- 2 1010-1020 Managing bone loss in TKR
- 3 1020-1030 Alignment in TKR -Is MA still gold standard ?
- 4 1030-1040 Managing Fixed flexion deformity
- 5 1040-1050 Lateral approach for TKR
- 6 1050-1100 TKR in stiff knee

**CHAIR**

**Dr .Vijay Mohan  
Dr .Manikandan ( TNOA)**

Dr. Hasil, Calicut.  
Dr. Chandrasekher Thirupathy  
Dr. Dhanasekhararaja  
Dr. John T John  
Dr. Ajith Kumar  
Dr. Prince Shanavas Khan

**1100-1200 : ORATIONS IN HALL 1.**

**1200-1300 Conf Session 7.  
LIGAMENOUS INJURIES OF WRIST**

- 1 1200-1210 Acute scapho lunate ligament injuries
- 2 1210-1220 Chronic scapho lunate injuries
- 3 1220-1230 Acute and delayed perilunate injuries
- 4 1230-1240 Chronic perilunate injuries
- 5 1240-1250 Conservative treatment protocol of TFCC injuries
- 6 1250-1300 Arthroscopic TFCC repair

**CHAIR**

**Dr .Anto Francis  
Dr. T. Vijaya Krishna Reddy**

Dr. Arun Reveendran, Kochi  
Dr. PS Binoy Kochi  
Prof. Anil Bhat, Manipal  
Dr. Praveen Bhardwaj , Coimbatore  
Dr. Manoj Haridas, Trivandrum  
Prof. Binu Thomas, Vellore

**1300-1400 Conf Session 8. STUMP THE MASTERS-TRAUMA  
Moderators - Dr Vinay Jaison Chacko  
Panelists - Ajith Kumar, Rex, Aneen Nambikutty**

**CHAIR**

**Dr .Vinay Jaison Chacko  
Dr .Sudhir U**

**1400-1500 Conf Session 9. STUMP THE MASTERS-  
ARTHROPLASTY**

Moderators- Dr. John T John,  
Dr. Vinod Padmanabhan  
PANELISTS- Dr. Murukan babu, Dr. Chandrasekher,  
Dr. Dhanasekhara Raja, Dr. Chandrasekher,  
Dr. Prince Shanavas Khan, Dr. Sameer Ali

**CHAIR**

**Dr .John T John  
Dr .Vinod Padmanabhan**

**1500-1600 Conf Session 10. MY WORST CASE-  
WHAT HAVE I LEARNT? (8 + 2 minutes )**

- 1500-1510 My worst Case- What have I learnt ?
- 1510-1520 My worst Case- What have I learnt ?
- 1520-1530 My worst Case- What have I learnt ?
- 1530-1540 My worst Case- What have I learnt ?
- 1540-1550 My worst Case- What have I learnt ?

**CHAIR**

**Dr. Patnala Asok Kumar  
Dr. Thiru Narayanan**

Dr. Dheenadayalan  
Dr. Prince Shanavas Khan  
Dr. Cheriyankovoor  
Dr. Shailesh Pai, Manipal.  
Dr. Rajeev Rao

**1600- GENERAL BODY FOLLOWED BY BANQUET**

## 31/08/24. Conference Day 1, Hall 3

### 0800-0900 FREE PAPER SESSION- 3. (6+2 X 7 papers)

#### CHAIR

Dr. Dileep Kuncheria  
Dr. Vijayaraghavan

- 1 0800-0808 Proximal humerus fracture treated with phios plate and supplemental suture fixation of rotator cuff  
Dr. Satyanarayana Murthy K
- 2 0808-0816 Case series study of surgical experience in neglected fracture dislocation of proximal humerus  
Dr. Blesso V Cherian
- 3 0816-0824 Functional and radiological outcome following anatomical locking plating for proximal humerus fracture  
Dr. Shivam Baranwal
- 4 0824-0832 The clinical and functional outcome of diaphyseal humerus fractures treated with locking compression plate as compared to dynamic compression plate.  
Dr. Basanth Reddy .A
- 5 0832-0840 Anterior bridge plating (abp) for humerus shaft fractures by minimal invasive technique  
Dr. Minal .B Shivaprakash
- 6 0840-0848 Comparison of intramedullary k-wire fixation vs plating in metacarpal shaft fractures  
Dr. Renjith .R John
- 7 0848-0856 Functional outcome of miniimplants in closed metacarpel fractures  
Dr. David Jeffrey Christo

### 0900-1000 Conf Session 11. UPPER LIMB TRAUMA - 8+ 2minutes

#### CHAIR

Dr. Arun Lal  
Dr. Anil Patil

- 1 0900-0910 Distal Humerus Inter condylar fractures, How to avoid stiff elbow ?  
Dr. Saravanan K, Pondicheri
- 2 0910-0920 Acromio- Clavicular Joint injuries  
Dr. Sudheer, Trichur
- 3 0920-0930 Fracture shat of Humerus with Radial nerve Palsy, Explore or Not ?  
Dr. Antony Joseph Thoppil,
- 4 0930-0940 Floating Elbow Injury  
Dr. Vishnu Senthil, Chennai
- 5 0940-0950 Radial Head & Neck fractures, When to operate ?  
Dr. Muhammed Fahim, Mangalore
- 6 0950-1000 Proximal Humerus Fractures - MIROS  
Dr. Susheel / Dr. Vasudevan

### 1000-1100 Conf Session 12. ARTHROSCOPY LOWER LIMB [8 + 2minutes]

#### CHAIR

Dr. Hemant Kumar  
Dr. Deepak

- 1 1000-1010 Approach to Meniscal Tear.  
Dr. Prajwal Ganesh
- 2 1010-1020 ACL to Repair or Reconstruct  
Dr. Prem Haridas Menon
- 3 1020-1030 Multi Ligament Injury. My approach  
Dr. K.N.Subramanian
- 4 1030-1040 Early OA Knee. Arthroscopic Treatment Options  
Dr. Krishna Gopal
- 5 1040-1050 Arthroscopic ACL Repair Graft and fixation options  
Dr. Vineeth Abraham
- 6 1050-1100 PCL Injury My approach  
Dr. Bharath Raj

1100-1200 ORATION IN HALL 1

1200-1300

**Conf Session 13.  
LOWER LIMB TRAUMA [ 8 + 2minutes ]**

**CHAIR**

**Prof. Selvaraj  
Dr. Rajaneesh**

- 1 1200-1210 Ipsilateral Hip & Femoral shaft fractures, Treatment options.
- 2 1210-1220 Tibial Plateau Fractures - How to Avoid Disasters ?
- 3 1220-1230 Concepts in Femoral Neck Fractures in young Adults.
- 4 1230-1240 Hoffa's Fractures - How to get a reliable fixation.
- 5 1234-1250 Trochanteric fractures avoiding pitfalls in fixation
- 6 1250-1300 Ankle Plafond Fractures - Pitfalls & Complications.

Dr. Vinay Jaison Chacko  
Dr. Rex Coimbatore  
Dr. Anneen Nambikutty, Calicut  
Dr. Jerry George, Kottayam  
Dr. Devendra ,coimbatore  
Prof. Binoy, Trivandrum

1300-1400

**FREE PAPER SESSION 4.  
[6 + 2minutes 7 Papers]**

**CHAIR**

**Dr .Nalli Yuvaraj  
Dr .Ansu Anand**

- 1 1300-1308 Mortality and morbidity in post-operative geriatric hip fracture patients
- 2 1308-1316 A comparative study to evaluate the outcome for lateral v/s posterior approaches in hemi arthroplasty for femoral neck fractures
- 3 1316-1324 Fracture neck of femur treated with dynamic hip screw and derotation screw in young adults.
- 4 1324-1332 A comparative study of management of intertrochanteric fracture with pfn vs pfn a2
- 5 1332-1340 Functional outcome in the management of unstable IT fractures with the effect of lesser trochanter postero medial wall defect on stability- a retrospective study.
- 6 1340-1348 Evaluate two different entry points for proximal femoral nailing in IT femur fracture with respect to final screw position, functional outcome and complications
- 7 1348-1356 A comprehensive study of functional outcome of primary hemiarthroplasty in elderly population with unstable IT #

Dr.S. Noor Mohammed  
  
Dr. Prajwal P Huddar  
Dr. Rajeev Kumar Ranjan  
Dr. Halley Antony  
  
Dr. Nitheesh Kumar  
  
Dr. Ashuthosh .K.C  
Dr. Allen George

1400-1500

**Conf Session 14. FOOT AND ANKLE  
[8 + 2minutes ]**

**CHAIR**

**Dr .Rajesh Simon  
Dr .Abdul Gafoor**

- 1 1400-1410 Lisfranc Injury
- 2 1410-1420 Ankle fractures in Diabetics
- 3 1420-1430 Charcot Foot
- 4 1430-1450 Debate - Calcaneal Fractures to open or Not to open. (8 + 2 X 2 + 4 minutes Rebuttal + 6 minutes Audience)

Dr. Sreeganesh  
Dr. Nikhil Martin  
Dr. Chinmaya SP  
  
Dr. Arun Kamal  
Dr. Krishnaprasad P.R

1500-1600

**Conf Session 15. CASE DISCUSSION UPPER LIMB TRAUMA**

**Moderator - Dr. Jiss Joseph**

Panelists - Dr. Saravanan, Prof Tomichan,  
Dr. Vishnu Senthil, Dr. Muhammed Fahim, Dr. Sudheer

**16.00 : GENERAL BODY FOLLOWED BY BANQUET**

## 01/09/24. Conference Day 2, Hall 1

0800-0900

**FREE PAPER SESSION 5.**  
[6 + 2minutes. 7 papers ]

**CHAIR**

**Dr .Siju**  
**Dr .Kaizar Ennis**

- 1 0800-0808 Role of suture tape augmentation in anterior cruciate ligament reconstruction with hamstring graft Dr. Godwin Joy
- 2 0808-0816 Functional outcome of arthroscopic anterior cruciate ligament reconstruction using peroneus longus autograft in individuals with acl injuries - a prospective study Dr. Aravindaraj.G
- 3 0816-0824 A study of immunohistological and potential proprioceptive quality analysis in an injured anterior cruciate ligament(acl) and its functional outcome post remanant saving acl reconstruction Dr. Yashwanth kumar
- 4 0824-0832 Functional outcome of anterior cruciate ligament reconstruction with peroneus longus graft Dr. Vishnuvardhan Reddy
- 5 0832-0840 The geyser phenomenon : rotator cuff tear manifesting in an atypical way Dr Ananthu Devan
- 6 0840-0848 Latarjet procedure to treat recurrent anterior shoulder dislocation Dr. Avvari Aswini Krishna
- 7 0848-0856 Whom should order shoulder MRI - an analytical study Dr Muhammed Musthafa K P

0900-1000

**Conf Session 16. OASIS Gold Medal for Pgs.**  
[ 6 +2 minutes. 7 Papers ]

**CHAIR**

**Dr. Sathyanarayanan**  
**Dr .Jijo Jose**

- 1 0900-0908 Does the pattern of fracture healing in cerebral fat embolism syndrome (cfes) resemble traumatic brain injury (tbi)? .an analysis of fracture healing in cfes vs tbi in long bone fractures stabilized with interlock nailing (iln) Dr. Vishnu sankar
- 2 0908-0916 Functional outcome of arthroscopic meniscal repair using inside-out, outside-in and all-inside suture technique in sports injuries in young adults. Dr. Abhijith Dharmarajan Thayyil
- 3 0916-0924 Comparative analysis of immediate graded weight bearing vs non-weight bearing in comminuted diaphyseal femur fractures managed with intramedullary nailing with rehabilitation protocol Dr.Prabhakaran .V
- 4 0924-0932 Tailoring the approach: utilizing intramedullary nails and diverse techniques for femoral fractures in post-polio syndrome patients Dr.V.Senthil Kannan
- 5 0932-0940 Calcar referenced tip-apex distance(caltad) a better tool to predict effectiveness of fixation in IT femur fractures treated with twin screw proximal femoral nail. Dr. Kiran Kumar
- 6 0940-0948 Single stance radiography of the knee joint –a novel approach to assess the degree of knee osteoarthritis Dr. Manoj kumar R
- 7 0948-0956 Infections after total knee arthroplasty : bilateral (simultaneous vs staged vs staggered) Dr. Shamanth YK

**1000-1100 Conf Session 17. Dr AA John Consultant  
Gold Medal Paper [ 6 + 2 minutes. 7 papers ]**

**CHAIR**

**Prof .M.K. Ravindran  
Prof. Kumaran**

- |   |           |                                                                                                                                             |                                                |
|---|-----------|---------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| 1 | 1000-1008 | Can pre-operative mris in traction & weight-bearing predict the success of indirect decompression in degenerative lumbar spondylolisthesis? | Dr.Prudvi Kumar Reddy                          |
| 2 | 1008-1016 | Re look into single growing rod technique in the management of early onset scoliosis: outcomes & identification of ideal candidates         | Dr. J. Naresh Babu                             |
| 3 | 1016-1024 | Unveiling the fungal threat: periprosthetic joint infections and their impact                                                               | Dr. Jithin Abdul Jebbar AA<br>Dr. Satvik N Pai |
| 4 | 1024-1032 | Arthroscopy in india through the medicolegal lens                                                                                           | Dr. Sivakumar S P                              |
| 5 | 1032-1040 | From shattered to strong: conquering open distal femur fractures with large bone defects using the masquelet technique                      | Dr.Sathish Kumar Thangamani                    |
| 6 | 1040-1048 | Ideal implant in the management of intertrochanteric fractures -comparitive study between pfn vs pfna2 vs halifax nail                      | Dr. Prahlad Kumar Singhi                       |
| 7 | 1048-1056 | Malunited Proximal tibial Fracture, Arthroscopic assisted corrective Osteotomy                                                              |                                                |

**1100-1130 : Prof: SSK Marthandam Memorial Oration  
Prof. Rajagopalan  
[ 10 minutes formalities + 20minutes Oration ]**

**CHAIR**

**President - Oasis  
Secretary - Oasis**

**1130-1230 Conf Session 18. ONCOLOGY SESSION  
[ 8 + 2minutes ]**

**CHAIR**

**Dr. Subin Sugath  
Dr. Dominic Puthoor**

- |   |           |                                                                          |                       |
|---|-----------|--------------------------------------------------------------------------|-----------------------|
| 1 | 1130-1140 | Right way of doing Biopsy                                                | Dr. Dijoe Davis       |
| 2 | 1140-1150 | Lump in extremity - How to proceed                                       | Dr. Himakanth         |
| 3 | 1150-1200 | GCT – Orthopaedic Oncosurgeon's way of curettage                         | Dr. Rohith Rajalbandi |
| 4 | 1200-1210 | Biological reconstruction in limb salvage.                               | Dr. Manu Paul         |
| 5 | 1210-1220 | Non Biological reconstruction in limb salvage.                           | Dr. Srinath Guptha    |
| 6 | 1220-1230 | 3D printing and patient-specific instrumentation in Orthopaedic Oncology | Dr. Vishnu Ramanujan  |

**1230-1300 : VALEDICTORY FUNCTION FOLLOWED BY LUNCH.**

## 01/09/24. Conference Day 2, Hall 2

### 0800-0900 FREE PAPER SESSION 6. (6 + 2minutes & papers )

**CHAIR**

**Dr. Siju Francis  
Dr .Giriprasad**

- |   |           |                                                                                                                                                          |                        |
|---|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| 1 | 0800-0808 | Functional and radiological outcome for complex proximal tibial # schatzker type v and vi treated with medial tens and lateral plating – novel technique | Dr.Aravind manoj       |
| 2 | 0808-0816 | Fibre wire mediated stabilization of the tension banding wiring results in radiological union and excellent functional outcomes in patella #             | Dr. M. Abhiraami.M     |
| 3 | 0816-0824 | Intra articular calcaneal fractures treated by ORIF                                                                                                      | Dr. Rasim Yoosaf       |
| 4 | 0824-0832 | Dual fixation technique for non union of long bones                                                                                                      | Dr. Jayadev Kesavadas  |
| 5 | 0832-0840 | Functional and radiological outcome following hindfoot arthrodesis                                                                                       | Dr. Nikhil Rajagopalan |
| 6 | 0840-0848 | Functional outcome of shoulder girdle limb salvage in primary tumors at a short term follow up of 2 years                                                | Dr. ML Bhuvana         |
| 7 | 0848-0856 | Two-fold expression of receptor tyrosine kinase 2 (ror2) in giant cell tumors of bone:                                                                   | Dr. Shiva              |

### 0900-1000 Conf Session 19. Musculo-skeletal Infections (8 + 2 minutes)

**CHAIR**

**Dr .Mathew .K.M Puthiyadam  
Dr .Ramakrishnan.S**

- |   |           |                                                                 |                          |
|---|-----------|-----------------------------------------------------------------|--------------------------|
| 1 | 0900-0910 | Paediatric Musculoskeletal Infections                           | Dr. Sreejith Krishnan    |
| 2 | 0910-0920 | Infected nonunion long bone - diagnostic and therapeutic workup | Dr. Jeejesh Kumar .T.K   |
| 3 | 0920-0930 | Infections of the spine: What an orthopedist must know          | Dr. Vinod .V             |
| 4 | 0930-0940 | Fracture Related infections                                     | Dr. Krishnakumar Mechoor |
| 5 | 0940-0950 | Hand infections                                                 | Dr. Gopalakrishnan .M.L  |
| 6 | 0950-1000 | Local Antibiotic delivery systems                               | Dr. Arunlal .K.P         |

### 1000-1100 Conf Session 20. Limb Reconstruction - Case discussions 10 minutes each

**CHAIR**

**Dr .Krishnakumar Mechoor  
Dr .Aradhana Rathod**

- |           |        |                      |
|-----------|--------|----------------------|
| 1000-1010 | Case 1 | Dr. Lakshmi Narayana |
| 1010-1020 | Case 2 | Dr. Godha Siri       |
| 1020-1030 | Case 3 | Dr. Koshy Idicula    |
| 1030-1040 | Case 4 | Dr. Velmurugesan     |
| 1040-1050 | Case 5 | Dr. Sajan Mohanraj   |
| 1050-1100 | Case 6 | Dr. Rejul Raj        |

### 1100-1130 : TO HALL 1 FOR ORATION

### 1130-1230 Conf Session 21. Miscellaneous topics

**CHAIR**

**Dr .Jayakrishnan  
Dr. Georgy**

- |   |           |                                                          |                         |
|---|-----------|----------------------------------------------------------|-------------------------|
| 1 | 1130-1140 | Recurrent Lumbar Disc - Management options               | Dr. S. Jaikish, Trichy  |
| 2 | 1140-1150 | Role of Dual Mobility Hip Replacement - Present scenario | Dr. Jagan Mohan Reddy   |
| 3 | 1150-1200 | Tips to Salvage a diabetic foot from Amputation          | Dr. A. Ramalingam       |
| 4 | 1200-1210 | Unstable IT #, managed by long /short PFN-Choice         | Dr. Anirudh.C. Kulkarni |

### 1230-1300 : VALEDECTORY FUNCTION FOLLOWED BY LUNCH.

## 01/09/24. Conference Day 2, Hall 3

0800-0900

### FREE PAPER SESSION 7. ( 6 + 2minutes. 7 Papers )

**CHAIR**

Dr .Ajith Kumar  
Dr .Thomas Koshy

- 1 0800-0808 Comparative study of post operative clinical outcome between midvastus and medial parapatellar approach in total knee arthroplasty  
Dr. Nagesh H A
- 2 0808-0816 Decision making in unicompartmental knee arthroplasty using radiological parameters in south indian population  
Dr. Amal Shaji
- 3 0816-0824 Compare the efficacy of intraoperative periarticular injection versus epidural infusion for pain management in tka.  
Dr. Mathews G Muricken
- 4 0824-0832 A prospective study on functional outcome of subvastus approach of TKA in obese patients  
Dr. Ajithkumar K
- 5 0832-0840 Study comparing the rate of postoperative complications, post operative blood transfusion volume, and length of stay between simultaneous tha and staged bilateral tha.  
Dr. Darshan T  
Dr. Surya Subramanian.M
- 6 0840-0848 Total hip arthroplasty in complex hip - our experience
- 7 0848-0856 Acetabular component positioning using transverse acetabular ligament as an anatomical landmark in primary total hip arthroplasty - a prospective study  
Dr.Aishwarya Megnath

0900-1000

### Conf Session 22. ARTHROPLASTY HIP

**CHAIR**

Dr. Jayakrishnan  
Dr .Sujaynathan

- 1 0900-0910 THR in ankylosed hip  
Dr. Bipin Theruvil
- 2 0910-0920 Management of Protrusion  
Dr.J.V. Sreenivas
- 3 0920-0930 Recognizing the complex primary  
Dr. Yogesh Kamath
- 4 0930-0940 THR in dysplastic hip  
Dr. Hareesh
- 5 0940-0950 Direct Anterior approach  
Dr. Sujith Jose
- 6 0950-1000 LLD in THR  
Dr. Vinod Padmanabhan

1000-1100

### FREE PAPERS SESSION 8. ( 6 + 2minutes. 7 Papers )

**CHAIR**

Dr .Kurian Alappat  
Dr .Sajjad

- 1 1100-1108 A comparative study of platelet-rich plasma v/s corticosteroids injection for plantar fasciitis  
Dr. Het Shah
- 2 1108-1116 A comparative study of dry needling vs platelet rich plasma in lateral epicondylitis  
Dr. Sruthi Kumar
- 3 1116-1124 Clinical and functional outcomes of platelet-rich plasma corticosteroid injection in patients with DQTS  
Dr. Rohith C Sunil
- 4 1124-1132 Ultrasound-guided P/C release of the 1st extensor tendon compartment using 18 gauge needle in DQTS  
Dr.Tushar Mishra
- 5 1132-1140 Raman spectroscopy analysis of femur cancellous bone in elderly patients  
Dr. Pokala Venkata siva sairam
- 6 1140-1148 Effectiveness of platelet rich plasma in the treatment of grade 1 & 2 osteoarthritis of knee  
Dr. B. Mallikarjun Reddy
- 7 1148-1156 A comparative study of functional outcome of intra articular injection of autologous platelet rich plasma versus corticosteroid injection for osteoarthritis knee  
Dr. V. Dev Manohar Kiran

**1100-1130 : TO HALL 1 FOR ORATION**

**1130-1230 FREE PAPERS SESSION 9.  
( 6 + 2minutes. 10 Papers )**

**CHAIR**

**Dr .Nithin Karun  
Dr .Riyaz Ali Aryadan**

- |   |           |                                                                                                                                                                                   |                              |
|---|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| 1 | 1130-1138 | Role of osteoporosis and sarcopenia in causing osteoarthritis knee and its management                                                                                             | Dr.Prabodh Kumar Dakey       |
| 2 | 1138-1146 | A comparative study of the outcome of proximal fibular osteotomy v/s non- operative management for ikdc grade c medial compartment osteoarthritis of knee: a short term analysis. | Dr.Savankumar .B. Biradar    |
| 3 | 1146-1154 | A prospective randomised study of functional outcomes and evaluation of dr joshi's external fixator system (jess) vs k-wire fixation in management of hand fractures              | Dr.Shreyaswini Pathi         |
| 4 | 1154-1202 | Acute AC joint Reconstruction by Fibre Tape double '8' , A novel technique                                                                                                        | Dr. Manikantan .R            |
| 5 | 1202-1210 | Feasibility and efficacy of 3D Printed patient specific spine model                                                                                                               | Dr. Vishwanath Parthasarathy |
| 6 | 1210-1218 | A comparative study of platelet rich plasma & steroid in chronic plantar fasciitis                                                                                                | Dr.Mihira.K.L                |

**1230-1300 : VALEDICTORY FUNCTION FOLLOWED BY LUNCH.**



**Organised by  
Palakkad Orthopaedic Club  
under the aegis of Kerala Orthopaedic Association**